

Youth Advocacy Center's proven *Getting Beyond the System*[®] *Self-Advocacy Seminar* model curriculum is now available in *On Your Own as a Young Adult*.

Getting Beyond the System[®] is an outstanding educational program that empowers youth by offering the skills and creating the desire to find a successful path through life. Students learn critical components of self-advocacy include setting goals, exhibiting strengths, analyzing the setup of organizations, depersonalizing issues, finding and using allies and mentors, and understanding others' needs.

The curriculum for *Getting Beyond the System*[®] is now available in the *On Your Own as a Young Adult Self-Advocacy Case Studies (for students), Facilitator's Guide, and video/DVD*. This curriculum creates understanding of the self-advocacy process and how essential it is for reaching one's goals.

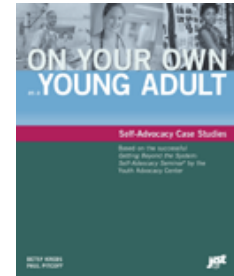
On Your Own as a Young Adult: Self-Advocacy Case Studies

By Betsy Krebs and Paul Pitcoff

Based on the *Getting Beyond the System*[®] curriculum, this student case book provides 23 cases divided into 8 chapters, which break down the elements and tools of self-advocacy. Students enjoy engaging with the cases and questions to determine the options of the characters involved.

Features include:

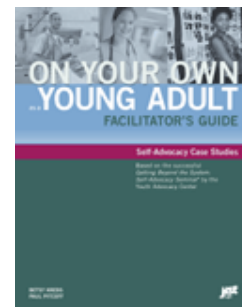
- * Easy-to-use format that enables young adults to read, discuss, and then practice skills such as setting goals, presenting strengths, and depersonalizing situations.
- * Real-life case studies present young adults fully engaged in work or education environments, providing models that are relevant to students
- * Interesting topics that keep both young adults and facilitators involved in a Socratic discussion that stimulates critical thinking and understanding.
- * Preparation for Informational Interviews, a means for students to begin the process of entering the adult world.
- * Materials and methods that utilize, support, and build on the individual creativity and professional experience of the facilitator.



On Your Own as a Young Adult Facilitator's Guide

By Betsy Krebs and Paul Pitcoff

For those leading *Getting Beyond the System*[®] seminars with, the Facilitator's Manual provides a philosophical overview, and week-by-week sample lesson plans and analysis of every case



On Your Own as a Young Adult Video/DVD



On Your Own is a 15 minute docu-drama is designed for teenagers transitioning to adulthood. *On Your Own* shows that with the right support and preparation, teens in challenging situations, such as foster care, can reach their goals and dreams.



About the Authors. Betsy Krebs and Paul Pitcoff founded Youth Advocacy Center (YAC) in New York City in 1992 because of their deep belief in the aspirations and potential of teenagers in foster care. They used their experience as attorneys and in college education to develop and test a philosophy and program --the *Getting Beyond the System*[®] *Self-Advocacy Seminar* -- which empowers teens to take on significant responsibility for planning their futures. Together they have written many articles and publications about teens, self-advocacy, and the foster care system, and are co-authors of *Beyond the Foster Care System: The Future for Teens* (Rutgers University Press, 2006).

For best results in using the On Your Own as a Young Adult curriculum, and in running the *Getting Beyond the System*[®] program, training and technical assistance are available.

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